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"Combining CBT and medication for insomnia" An Evidence Based Approach Sudak, D.M. Hoboken: Sudak, Donna M.

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How to Cite. Sudak, D. M. (2011) Combining CBT Interventions and Medication to Enhance Medication Adherence, in Combining CBT and Medication: An Evidence-Based

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This episode is primarily relevant to professionals. In this episode, R. Trent Codd, III, Ed.S., interviews Donna M. Sudak, M.D. about combining CBT with medication.

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Combining CBT and Medication: An Evidence-Based Approach. Combining CBT and Medication: An Evidence-Based Approach By Donna M (2nd edition) Published: 2010

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Donna Sudak Recorded Webinar: An Acceptance-Based Behavioral Therapy for GAD. 10/10/2014. Evidence-Based Treatment for Severe Behavior Problems.

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