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21 3 Touch Training for Strength by Beth Rothenberg and Oscar Rothenberg. Human Kinetics, PO Box IW14, leeds LS16 6TR, 1995 (ISBN 0 87322

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Oscar Rothenberg is the author of Touch Training for Strength (3.00 avg rating, 1 rating, 0 reviews, published 1994) register; Oscar Rothenberg s Followers.

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Trainer Rewind. by Sean White on Jan Lifestyle coach and personal training veteran Beth Rothenberg walks her talk. she also taught a strength aerobics

Touch training for strength (paperback): beth

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Touch training for strength: beth rothenberg,

Beth Rothenberg has been using Systematic T.O.U.C.H. Training to successfully train her clients since she first became a personal fitness trainer more than 20 years ago.

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Beth Rothenberg is the author of Touch Training for Strength (3.00 avg rating, 1 rating, 0 reviews, published 1994)

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