

**Unwinding The Belly: Healing With Gentle Touch By
Allison Post**

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About stephen - wisdomfitness

With his partner Allison Post, Stephen wrote the book: Unwinding the Belly, Healing with Gentle Touch Stephen and Allison have recently produced

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Unwinding the belly

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Allison Post is the author of Unwinding the Belly (4.00 avg rating, 15 ratings, 4 reviews, published 2003) and The I of the Storm Allison Post

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Allison Post, Stephen Cavaliere, Robert P. Turner M.D. Unwinding the Belly: Healing with Gentle Touch Language: English Pages: 200 Publisher: North Atlantic Books

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